

NUTRITION STATUS MISASSESSMENT MAIMS AND KILLS MILLIONS.

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"Consumer freedom of choice" disguises promoter "freedom to deceive." Main culprits are excesses of pharmaceuticals: alcohol, tobacco, supplements, illegal and legal drugs. Promoters claim "we are meeting a need"; they create the need. Questionable and fraudulent "alternatives" flood the market, misrepresented as genuine. New "alternative" services and products are all questionable until objectively, reproducibly, and reliably demonstrated to be more effective than suggestion, placebo, doing nothing, or the natural history of the disorder, and to have a potential for benefit which exceeds their potential to do nothing or be harmful. Nutrition science is the study of how the many chemicals in all our food, air, and water interact with each other in human physiology and metabolism. Moderation, variety and balance sustain health. Disease arises from loss of balance due to genetic defect or acquired imbalance (toxin [infection, poison, etc.], physical force). Promoters deceive that their synthetic shelf-stable monofoms are the same as the polyforms naturally present in food, whereas not only are food vitamins polyforms, but every vitamin and other phyto (plant) chemical is balanced by <150 other phytochemicals nature put in each grain, fruit, or vegetable. The Hatch-Richardson Dietary Supplement and Health Education Act forbids the FDA from preventing marketing of any product whose promoters call it a supplement, regardless of toxicity, and require the FDA to take the seller's word that the product in each pill is in fact what the label says it is, and is in the concentration stated on the label. Hatch set up an office of dietary supplements at NIH to lend credibility to supplement sales. Senator Harkin, deluded by promoters of quack remedies, rammed an Office of Alternative Medicine (OAM) down the NIH throat to lend credibility to the lucrative quack alternatives promoted by the people Harkin installed to advise OAM to promote their multi-billion dollar phony cures. FDA Commissioner Kessler quit after 4 years of constantly being blocked from protecting the public against this. The media publicize every new scam as a new cure. Only a strong FDA, not castrated by the mendacious tobacco, supplement, and "alternative" industries and their spokespeople can protect Americans against continued maimings and deaths. Research supported mainly by V. Herbert.